

CAPE TOWN - WYNBERG - SIMON'S TOWN

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	2	3	4	1	7	3	6	4	7	5
TRAIN NO.	0101	0103	0105	0107	0109	0111	0113	0115	0117	0119
CAPE TOWN	05:10	05:25	05:42	05:50		06:10	06:16	06:27	06:34	06:44
WOODSTOCK	05:13	05:28	05:45	05:53		06:13	06:19	06:30	06:37	06:47
SALT RIVER	05:16	05:31	05:48	05:56	Via	06:16	06:22	06:33	06:40	06:50
OBSERVATORY	05:19	05:34	05:51	05:59		06:19	06:25	06:36	06:43	06:53
MOWBRAY	05:21	05:36	05:53	06:01	Cape	06:21	06:27	06:38	06:45	06:55
ROSEBANK	05:23	05:38	05:55	06:03		06:23	06:29	06:40	06:47	06:57
RONDEBOSCH	05:25	05:40	05:57	06:05	Flats	06:25	06:31	06:42	06:49	06:59
NEWLANDS	05:28	05:43	06:00	06:08		06:28	06:34	06:45	06:52	07:02
CLAREMONT	05:30	05:45	06:02	06:10	Line	06:30	06:36	06:47	06:54	07:04
HARFIELD RD	05:32	05:47	06:04	06:12		06:32	06:38	06:49	06:56	07:06
KENILWORTH	05:34	05:49	06:06	06:14	To	06:34	06:40	06:51	06:58	07:08
WYNBERG	05:36	05:51	06:08	06:16		06:36	06:42	06:53	07:00	07:10
WITTEBOME	05:38	05:53	06:10	06:18	Heath-	06:38	06:44	06:55	07:02	07:12
PLUMSTEAD	05:40	05:55	06:12	06:20	field	06:40	06:46	06:57	07:04	07:14
STEURHOF	05:42	05:57	06:14	06:22			06:48	06:59	07:06	07:16
DIEPRIVIER	05:44	05:59	06:16	06:24			06:50	07:01	07:08	07:18
HEATHFIELD	05:46	06:01	06:18	06:26	06:35		06:52	07:03	07:10	07:20
RETREAT	05:49	06:04	06:21	06:29	06:38		06:55	07:06	07:13	07:23
STEENBERG	05:52	06:07	06:24	06:32	06:41		06:58	07:09	07:16	07:26
LAKESIDE	05:54	06:09	06:26	06:34	06:43		07:00	07:11	07:18	07:28
FALSE BAY	05:57	06:12	06:29	06:37	06:46		07:03	07:14	07:21	07:31
MUIZENBERG	05:58	06:13	06:30	06:38	06:47		07:04	07:15	07:22	07:32
ST JAMES	06:01	06:16	06:33	06:41	06:50		07:07	07:18	07:25	07:35
KALK BAY	06:03	06:18	06:35	06:43	06:52		07:09	07:20	07:27	07:37
FISH HOEK	06:08	06:23	06:40	06:48	06:57		07:14	07:25	07:32	07:42
SUNNY COVE	06:10			06:50				07:27		
GLENCAIRN	06:15			06:55				07:32		
SIMON'S TOWN	06:20			07:00				07:37		

CAPE TOWN - WYNBERG - SIMON'S TOWN

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	2	4	6	3	1	6	4	2	5	4
TRAIN NO.	0121	0123	0125	0127	0129	0131	0133	0135	0137	0139
CAPE TOWN	06:51	07:01	07:07	07:16	07:22	07:32	07:38	07:46	07:55	08:09
WOODSTOCK	06:54	07:04	07:10	07:19	07:25	07:35	07:41	07:49	07:58	08:12
SALT RIVER	06:57	07:07	07:13	07:22	07:28	07:38	07:44	07:52	08:01	08:15
OBSERVATORY	07:00	07:10	07:16	07:25	07:31	07:41	07:47	07:55	08:04	08:18
MOWBRAY	07:02	07:12	07:18	07:27	07:33	07:43	07:49	07:57	08:06	08:20
ROSEBANK	07:04	07:14	07:20	07:29	07:35	07:45	07:51	07:59	08:08	08:22
RONDEBOSCH	07:06	07:16	07:22	07:31	07:37	07:47	07:53	08:01	08:10	08:24
NEWLANDS	07:09	07:19	07:25	07:34	07:40	07:50	07:56	08:04	08:13	08:27
CLAREMONT	07:11	07:21	07:27	07:36	07:42	07:52	07:58	08:06	08:15	08:29
HARFIELD RD	07:13	07:23	07:29	07:38	07:44	07:54	08:00	08:08	08:17	08:31
KENILWORTH	07:15	07:25	07:31	07:40	07:46	07:56	08:02	08:10	08:19	08:33
WYNBERG	07:17	07:27	07:33	07:42	07:48	07:58	08:04	08:12	08:21	08:35
WITTEBOME	07:19	07:29	07:35	07:44	07:50	08:00	08:06	08:14	08:23	08:37
PLUMSTEAD	07:21	07:31	07:37	07:46	07:52	08:02	08:08	08:16	08:25	08:39
STEURHOF		07:33	07:39	07:48	07:54	08:04	08:10	08:18	08:27	08:41
DIEPRIVIER		07:35	07:41	07:50	07:56	08:06	08:12	08:20	08:29	08:43
HEATHFIELD		07:37	07:43	07:52	07:58	08:08	08:14	08:22	08:31	08:45
RETREAT		07:40	07:46	07:55	08:01	08:11	08:17	08:25	08:34	08:48
STEENBERG		07:43		07:58		08:14	08:20		08:37	08:51
LAKESIDE		07:45		08:00		08:16	08:22		08:39	08:53
FALSE BAY		07:48		08:03		08:19	08:25		08:42	08:56
MUIZENBERG		07:49		08:04		08:20	08:26		08:43	08:57
ST JAMES		07:52		08:07		08:23	08:29		08:46	09:00
KALK BAY		07:54		08:09		08:25	08:31		08:48	09:02
FISH HOEK		07:59		08:14		08:30	08:36		08:53	09:07
SUNNY COVE		08:01				08:34				09:09
GLENCAIRN		08:06				08:39				09:14
SIMON'S TOWN		08:11				08:44				09:19

CAPE TOWN - WYNBERG - SIMON'S TOWN

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	6	1		6	5		5	6	4	
TRAIN NO.	0141	0143		0147	0149		0153	0155	0157	
CAPE TOWN	08:23	08:40		09:11	09:32		10:23	10:48	11:20	
WOODSTOCK	08:26	08:43		09:14	09:35		10:26	10:51	11:23	
SALT RIVER	08:29	08:46		09:17	09:38		10:29	10:54	11:26	
OBSERVATORY	08:32	08:49		09:20	09:41		10:32	10:57	11:29	
MOWBRAY	08:34	08:51		09:22	09:43		10:34	10:59	11:31	
ROSEBANK	08:36	08:53		09:24	09:45		10:36	11:01	11:33	
RONDEBOSCH	08:38	08:55		09:26	09:47		10:38	11:03	11:35	
NEWLANDS	08:41	08:58		09:29	09:50		10:41	11:06	11:38	
CLAREMONT	08:43	09:00		09:31	09:52		10:43	11:08	11:40	
HARFIELD RD	08:45	09:02		09:33	09:54		10:45	11:10	11:42	
KENILWORTH	08:47	09:04		09:35	09:56		10:47	11:12	11:44	
WYNBERG	08:49	09:06		09:37	09:58		10:49	11:14	11:46	
WITTEBOME	08:51	09:08		09:39	10:00		10:51	11:16	11:48	
PLUMSTEAD	08:53	09:10		09:41	10:02		10:53	11:18	11:50	
STEURHOF	08:55	09:12		09:43	10:04		10:55	11:20	11:52	
DIEPRIVIER	08:57	09:14		09:45	10:06		10:57	11:22	11:54	
HEATHFIELD	08:59	09:16		09:47	10:08		10:59	11:24	11:56	
RETREAT	09:02	09:19		09:50	10:11		11:02	11:27	11:59	
STEENBERG	09:05	09:22		09:53	10:14		11:05	11:30	12:02	
LAKESIDE	09:07	09:24		09:55	10:16		11:07	11:32	12:04	
FALSE BAY	09:10	09:27		09:58	10:19		11:10	11:35	12:07	
MUIZENBERG	09:11	09:28		09:59	10:20		11:11	11:36	12:08	
ST JAMES	09:14	09:31		10:02	10:23		11:14	11:39	12:11	
KALK BAY	09:16	09:33		10:04	10:25		11:16	11:41	12:13	
FISH HOEK	09:21	09:38		10:09	10:30		11:21	11:46	12:18	
SUNNY COVE		09:43			10:32		11:23		12:20	
GLENCAIRN		09:48			10:37		11:28		12:25	
SIMON'S TOWN		09:53			10:42		11:33		12:30	

CAPE TOWN - WYNBERG - SIMON'S TOWN

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	1	4	5		4	5	6	5	4	6
TRAIN NO.	0161	0163	0165		0169	0171	0173	0175	0177	0179
CAPE TOWN	12:00	12:20	12:40		13:18	13:43	13:57	14:10	14:26	14:37
WOODSTOCK	12:03	12:23	12:43		13:21	13:46	14:00	14:13	14:29	14:40
SALT RIVER	12:06	12:26	12:46		13:24	13:49	14:03	14:16	14:32	14:43
OBSERVATORY	12:09	12:29	12:49		13:27	13:52	14:06	14:19	14:35	14:46
MOWBRAY	12:11	12:31	12:51		13:29	13:54	14:08	14:21	14:37	14:48
ROSEBANK	12:13	12:33	12:53		13:31	13:56	14:10	14:23	14:39	14:50
RONDEBOSCH	12:15	12:35	12:55		13:33	13:58	14:12	14:25	14:41	14:52
NEWLANDS	12:18	12:38	12:58		13:36	14:01	14:15	14:28	14:44	14:55
CLAREMONT	12:20	12:40	13:00		13:38	14:03	14:17	14:30	14:46	14:57
HARFIELD RD	12:22	12:42	13:02		13:40	14:05	14:19	14:32	14:48	14:59
KENILWORTH	12:24	12:44	13:04		13:42	14:07	14:21	14:34	14:50	15:01
WYNBERG	12:26	12:46	13:06		13:44	14:09	14:23	14:36	14:52	15:03
WITTEBOME	12:28	12:48	13:08		13:46	14:11	14:25	14:38	14:54	15:05
PLUMSTEAD	12:30	12:50	13:10		13:48	14:13	14:27	14:40	14:56	15:07
STEURHOF	12:32	12:52	13:12		13:50	14:15	14:29	14:42	14:58	15:09
DIEPRIVIER	12:34	12:54	13:14		13:52	14:17	14:31	14:44	15:00	15:11
HEATHFIELD	12:36	12:56	13:16		13:54	14:19	14:33	14:46	15:02	15:13
RETREAT	12:39	12:59	13:19		13:57	14:22	14:36	14:49	15:05	15:16
STEENBERG	12:42	13:02	13:22		14:00	14:25	14:39	14:52	15:08	15:19
LAKESIDE	12:44	13:04	13:24		14:02	14:27	14:41	14:54	15:10	15:21
FALSE BAY	12:47	13:07	13:27		14:05	14:30	14:44	14:57	15:13	15:24
MUIZENBERG	12:48	13:08	13:28		14:06	14:31	14:45	14:58	15:14	15:25
ST JAMES	12:51	13:11	13:31		14:09	14:34	14:48	15:01	15:17	15:28
KALK BAY	12:53	13:13	13:33		14:11	14:36	14:50	15:03	15:19	15:30
FISH HOEK	12:58	13:18	13:38		14:16	14:41	14:55	15:08	15:24	15:35
SUNNY COVE	13:00		13:40		14:18		14:57			15:37
GLENCAIRN	13:05		13:45		14:23		15:02			15:42
SIMON'S TOWN	13:10		13:50		14:28		15:07			15:47

CAPE TOWN - WYNBERG - SIMON'S TOWN

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	3	2	1	6	4	5	6	7	4	6
TRAIN NO.	0181	0183	0185	0187	0189	0191	0193	0195	0197	0199
CAPE TOWN	14:44	14:52	15:06	15:23	15:36	15:50	16:00	16:12	16:18	16:24
WOODSTOCK	14:47	14:55	15:09	15:26	15:39	15:53	16:03	16:15	16:21	16:27
SALT RIVER	14:50	14:58	15:12	15:29	15:42	15:56	16:06	16:18	16:24	16:30
OBSERVATORY	14:53	15:01	15:15	15:32	15:45	15:59	16:09	16:21	16:27	16:33
MOWBRAY	14:55	15:03	15:17	15:34	15:47	16:01	16:11		16:29	16:35
ROSEBANK	14:57	15:05	15:19	15:36	15:49	16:03	16:13		16:31	16:37
RONDEBOSCH	14:59	15:07	15:21	15:38	15:51	16:05	16:15	16:26	16:33	16:39
NEWLANDS	15:02	15:10	15:24	15:41	15:54	16:08	16:18		16:36	16:42
CLAREMONT	15:04	15:12	15:26	15:43	15:56	16:10	16:20	16:29	16:38	16:44
HARFIELD RD	15:06	15:14	15:28	15:45	15:58	16:12	16:22		16:40	16:46
KENILWORTH	15:08	15:16	15:30	15:47	16:00	16:14	16:24	16:32	16:42	16:48
WYNBERG	15:10	15:18	15:32	15:49	16:02	16:16	16:26	16:34	16:44	16:50
WITTEBOME	15:12	15:20	15:34	15:51	16:04	16:18	16:28		16:46	16:52
PLUMSTEAD	15:14	15:22	15:36	15:53	16:06	16:20	16:30	16:37	16:48	16:54
STEURHOF	15:16	15:24	15:38	15:55	16:08	16:22	16:32		16:50	16:56
DIEPRIVIER	15:18	15:26	15:40	15:57	16:10	16:24	16:34		16:52	16:58
HEATHFIELD	15:20	15:28	15:42	15:59	16:12	16:26	16:36	16:40	16:54	17:00
RETREAT	15:23	15:31	15:45	16:02	16:15	16:29	16:39	16:43	16:57	17:03
STEENBERG		15:34	15:48		16:18	16:32		16:46	17:00	17:06
LAKESIDE		15:36	15:50		16:20	16:34		16:48	17:02	17:08
FALSE BAY		15:39	15:53		16:23	16:37		16:51	17:05	17:11
MUIZENBERG		15:40	15:54		16:24	16:38		16:52	17:06	17:12
ST JAMES		15:43	15:57		16:27	16:41		16:55	17:09	17:15
KALK BAY		15:45	15:59		16:29	16:43		16:57	17:11	17:17
FISH HOEK		15:50	16:04		16:34	16:48		17:02	17:16	17:22
SUNNY COVE			16:10			16:50				17:24
GLENCAIRN			16:15			16:55				17:29
SIMON'S TOWN			16:20			17:00				17:34

CAPE TOWN - WYNBERG - SIMON'S TOWN

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	3	2	5	6	3	2	5	4	1	6
TRAIN NO.	0201	0203	0205	0207	0209	0211	0213	0215	0217	0219
CAPE TOWN	16:32	16:43	16:56	17:02	17:15	17:21	17:33	17:40	17:48	17:59
WOODSTOCK	16:35	16:46	16:59	17:05	17:18	17:24	17:36	17:43	17:51	18:02
SALT RIVER	16:38	16:49	17:02	17:08	17:21	17:27	17:39	17:46	17:54	18:05
OBSERVATORY	16:41	16:52	17:05	17:11	17:24	17:30	17:42	17:49	17:57	18:08
MOWBRAY	16:43	16:54	17:07	17:13		17:32	17:44	17:51	17:59	18:10
ROSEBANK	16:45	16:56	17:09	17:15		17:34	17:46	17:53	18:01	18:12
RONDEBOSCH	16:47	16:58	17:11	17:17	17:29	17:36	17:48	17:55	18:03	18:14
NEWLANDS	16:50	17:01	17:14	17:20		17:39	17:51	17:58	18:06	18:17
CLAREMONT	16:52	17:03	17:16	17:22	17:32	17:41	17:53	18:00	18:08	18:19
HARFIELD RD	16:54	17:05	17:18	17:24		17:43	17:55	18:02	18:10	18:21
KENILWORTH	16:56	17:07	17:20	17:26	17:35	17:45	17:57	18:04	18:12	18:23
WYNBERG	16:58	17:09	17:22	17:28	17:37	17:47	17:59	18:06	18:14	18:25
WITTEBOME	17:00	17:11	17:24	17:30		17:49	18:01	18:08	18:16	18:27
PLUMSTEAD	17:02	17:13	17:26	17:32	17:40	17:51	18:03	18:10	18:18	18:29
STEURHOF	17:04	17:15	17:28	17:34	17:42	17:53	18:05	18:12	18:20	18:31
DIEPRIVIER	17:06	17:17	17:30	17:36	17:44	17:55	18:07	18:14	18:22	18:33
HEATHFIELD	17:08	17:19	17:32	17:38	17:46	17:57	18:09	18:16	18:24	18:35
RETREAT	17:11	17:22	17:35	17:41	17:49	18:00	18:12	18:19	18:27	18:38
STEENBERG	17:14	17:25	17:38	17:44	17:52	18:03	18:15		18:30	
LAKESIDE	17:16	17:27	17:40	17:46	17:54	18:05	18:17		18:32	
FALSE BAY	17:19	17:30	17:43	17:49	17:57	18:08	18:20		18:35	
MUIZENBERG	17:20	17:31	17:44	17:50	17:58	18:09	18:21		18:36	
ST JAMES	17:23	17:34	17:47	17:53	18:01	18:12	18:24		18:39	
KALK BAY	17:25	17:36	17:49	17:55	18:03	18:14	18:26		18:41	
FISH HOEK	17:30	17:41	17:54	18:00	18:08	18:19	18:31		18:46	
SUNNY COVE				18:02	18:10				18:48	
GLENCAIRN				18:07	18:15				18:53	
SIMON'S TOWN				18:12	18:20				18:58	

CAPE TOWN - WYNBERG - SIMON'S TOWN

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	3	5	3	4		6	5	3	5	
TRAIN NO.	0221	0223	0225	0227		0229	0231	0233	0235	
CAPE TOWN	18:14	18:26	18:40	18:58		19:30	20:05	20:30	21:15	
WOODSTOCK	18:17	18:29	18:43	19:01		19:33	20:08	20:33	21:18	
SALT RIVER	18:20	18:32	18:46	19:04		19:36	20:11	20:36	21:21	
OBSERVATORY	18:23	18:35	18:49	19:07		19:39	20:14	20:39	21:24	
MOWBRAY	18:25	18:37	18:51	19:09		19:41	20:16	20:41	21:26	
ROSEBANK	18:27	18:39	18:53	19:11		19:43	20:18	20:43	21:28	
RONDEBOSCH	18:29	18:41	18:55	19:13		19:45	20:20	20:45	21:30	
NEWLANDS	18:32	18:44	18:58	19:16		19:48	20:23	20:48	21:33	
CLAREMONT	18:34	18:46	19:00	19:18		19:50	20:25	20:50	21:35	
HARFIELD RD	18:36	18:48	19:02	19:20		19:52	20:27	20:52	21:37	
KENILWORTH	18:38	18:50	19:04	19:22		19:54	20:29	20:54	21:39	
WYNBERG	18:40	18:52	19:06	19:24		19:56	20:31	20:56	21:41	
WITTEBOME	18:42	18:54	19:08	19:26		19:58	20:33	20:58	21:43	
PLUMSTEAD	18:44	18:56	19:10	19:28		20:00	20:35	21:00	21:45	
STEURHOF	18:46	18:58	19:12	19:30		20:02	20:37	21:02	21:47	
DIEPRIVIER	18:48	19:00	19:14	19:32		20:04	20:39	21:04	21:49	
HEATHFIELD	18:50	19:02	19:16	19:34		20:06	20:41	21:06	21:51	
RETREAT	18:53	19:05	19:19	19:37		20:09	20:44	21:09	21:54	
STEENBERG	18:56	19:08	19:22	19:40		20:12		21:12	21:57	
LAKESIDE	18:58	19:10	19:24	19:42		20:14		21:14	21:59	
FALSE BAY	19:01	19:13	19:27	19:45		20:17		21:17	22:02	
MUIZENBERG	19:02	19:14	19:28	19:46		20:18		21:18	22:03	
ST JAMES	19:05	19:17	19:31	19:49		20:21		21:21	22:06	
KALK BAY	19:07	19:19	19:33	19:51		20:23		21:23	22:08	
FISH HOEK	19:12	19:24	19:38	19:56		20:28		21:28	22:13	
SUNNY COVE		19:26		19:58		20:30		21:30	22:15	
GLENCAIRN		19:31		20:03		20:35		21:35	22:20	
SIMON'S TOWN		19:36		20:08		20:40		21:40	22:25	

CAPE TOWN - WYNBERG - SIMON'S TOWN

SATURDAYS

CAPE TOWN PLATFORM NO.		3	5	1	4	2	5	3	5	4
TRAIN NO.	0101	0103	0105	0107	0109	0111	0113	0115	0117	0119
CAPE TOWN		05:20	05:42	05:55	06:15	06:30	06:52	07:18	07:38	07:55
WOODSTOCK		05:23	05:45	05:58	06:18	06:33	06:55	07:21	07:41	07:58
SALT RIVER		05:26	05:48	06:01	06:21	06:36	06:58	07:24	07:44	08:01
OBSERVATORY		05:29	05:51	06:04	06:24	06:39	07:01	07:27	07:47	08:04
MOWBRAY		05:31	05:53	06:06	06:26	06:41	07:03	07:29	07:49	08:06
ROSEBANK		05:33	05:55	06:08	06:28	06:43	07:05	07:31	07:51	08:08
RONDEBOSCH		05:35	05:57	06:10	06:30	06:45	07:07	07:33	07:53	08:10
NEWLANDS		05:38	06:00	06:13	06:33	06:48	07:10	07:36	07:56	08:13
CLAREMONT		05:40	06:02	06:15	06:35	06:50	07:12	07:38	07:58	08:15
HARFIELD RD		05:42	06:04	06:17	06:37	06:52	07:14	07:40	08:00	08:17
KENILWORTH		05:44	06:06	06:19	06:39	06:54	07:16	07:42	08:02	08:19
WYNBERG		05:46	06:08	06:21	06:41	06:56	07:18	07:44	08:04	08:21
WITTEBOME		05:48	06:10	06:23	06:43	06:58	07:20	07:46	08:06	08:23
PLUMSTEAD		05:50	06:12	06:25	06:45	07:00	07:22	07:48	08:08	08:25
STEURHOF		05:52	06:14	06:27	06:47	07:02	07:24	07:50	08:10	08:27
DIEPRIVIER		05:54	06:16	06:29	06:49	07:04	07:26	07:52	08:12	08:29
HEATHFIELD		05:56	06:18	06:31	06:51	07:06	07:28	07:54	08:14	08:31
RETREAT	05:23	05:59	06:21	06:34	06:54	07:09	07:31	07:57	08:17	08:34
STEENBERG	05:26	06:02	06:24	06:37	06:57	07:12	07:34	08:00	08:20	08:37
LAKESIDE	05:28	06:04	06:26	06:39	06:59	07:14	07:36	08:02	08:22	08:39
FALSE BAY	05:31	06:07	06:29	06:42	07:02	07:17	07:39	08:05	08:25	08:42
MUIZENBERG	05:32	06:08	06:30	06:43	07:03	07:18	07:40	08:06	08:26	08:43
ST JAMES	05:35	06:11	06:33	06:46	07:06	07:21	07:43	08:09	08:29	08:46
KALK BAY	05:37	06:13	06:35	06:48	07:08	07:23	07:45	08:11	08:31	08:48
FISH HOEK	05:42	06:18	06:40	06:53	07:13	07:28	07:50	08:16	08:36	08:53
SUNNY COVE	05:44	06:20		06:55		07:30		08:18		08:55
GLENCAIRN	05:49	06:25		07:00		07:35		08:23		09:00
SIMON'S TOWN	05:54	06:30		07:05		07:40		08:28		09:05

CAPE TOWN - WYNBERG - SIMON'S TOWN

SATURDAYS

CAPE TOWN PLATFORM NO.	5	1		2		2		5	4	1
TRAIN NO.	0121	0123		0127		0131		0135	0137	0139
CAPE TOWN	08:20	08:47		09:38		10:28		11:20	11:45	12:05
WOODSTOCK	08:23	08:50		09:41		10:31		11:23	11:48	12:08
SALT RIVER	08:26	08:53		09:44		10:34		11:26	11:51	12:11
OBSERVATORY	08:29	08:56		09:47		10:37		11:29	11:54	12:14
MOWBRAY	08:31	08:58		09:49		10:39		11:31	11:56	12:16
ROSEBANK	08:33	09:00		09:51		10:41		11:33	11:58	12:18
RONDEBOSCH	08:35	09:02		09:53		10:43		11:35	12:00	12:20
NEWLANDS	08:38	09:05		09:56		10:46		11:38	12:03	12:23
CLAREMONT	08:40	09:07		09:58		10:48		11:40	12:05	12:25
HARFIELD RD	08:42	09:09		10:00		10:50		11:42	12:07	12:27
KENILWORTH	08:44	09:11		10:02		10:52		11:44	12:09	12:29
WYNBERG	08:46	09:13		10:04		10:54		11:46	12:11	12:31
WITTEBOME	08:48	09:15		10:06		10:56		11:48	12:13	12:33
PLUMSTEAD	08:50	09:17		10:08		10:58		11:50	12:15	12:35
STEURHOF	08:52	09:19		10:10		11:00		11:52	12:17	12:37
DIEPRIVIER	08:54	09:21		10:12		11:02		11:54	12:19	12:39
HEATHFIELD	08:56	09:23		10:14		11:04		11:56	12:21	12:41
RETREAT	08:59	09:26		10:17		11:07		11:59	12:24	12:44
STEENBERG	09:02	09:29		10:20		11:10		12:02	12:27	12:47
LAKESIDE	09:04	09:31		10:22		11:12		12:04	12:29	12:49
FALSE BAY	09:07	09:34		10:25		11:15		12:07	12:32	12:52
MUIZENBERG	09:08	09:35		10:26		11:16		12:08	12:33	12:53
ST JAMES	09:11	09:38		10:29		11:19		12:11	12:36	12:56
KALK BAY	09:13	09:40		10:31		11:21		12:13	12:38	12:58
FISH HOEK	09:18	09:45		10:36		11:26		12:18	12:43	13:03
SUNNY COVE		09:47		10:38		11:28		12:20		13:05
GLENCAIRN		09:52		10:43		11:33		12:25		13:10
SIMON'S TOWN		09:57		10:48		11:38		12:30		13:15

CAPE TOWN - WYNBERG - SIMON'S TOWN

SATURDAYS

CAPE TOWN PLATFORM NO.	5	4	1		4		4	1	4	3
TRAIN NO.	0141	0143	0145		0149		0153	0155	0157	0159
CAPE TOWN	12:30	13:00	13:16		14:04		14:55	15:36	16:00	16:18
WOODSTOCK	12:33	13:03	13:19		14:07		14:58	15:39	16:03	16:21
SALT RIVER	12:36	13:06	13:22		14:10		15:01	15:42	16:06	16:24
OBSERVATORY	12:39	13:09	13:25		14:13		15:04	15:45	16:09	16:27
MOWBRAY	12:41	13:11	13:27		14:15		15:06	15:47	16:11	16:29
ROSEBANK	12:43	13:13	13:29		14:17		15:08	15:49	16:13	16:31
RONDEBOSCH	12:45	13:15	13:31		14:19		15:10	15:51	16:15	16:33
NEWLANDS	12:48	13:18	13:34		14:22		15:13	15:54	16:18	16:36
CLAREMONT	12:50	13:20	13:36		14:24		15:15	15:56	16:20	16:38
HARFIELD RD	12:52	13:22	13:38		14:26		15:17	15:58	16:22	16:40
KENILWORTH	12:54	13:24	13:40		14:28		15:19	16:00	16:24	16:42
WYNBERG	12:56	13:26	13:42		14:30		15:21	16:02	16:26	16:44
WITTEBOME	12:58	13:28	13:44		14:32		15:23	16:04	16:28	16:46
PLUMSTEAD	13:00	13:30	13:46		14:34		15:25	16:06	16:30	16:48
STEURHOF	13:02	13:32	13:48		14:36		15:27	16:08	16:32	16:50
DIEPRIVIER	13:04	13:34	13:50		14:38		15:29	16:10	16:34	16:52
HEATHFIELD	13:06	13:36	13:52		14:40		15:31	16:12	16:36	16:54
RETREAT	13:09	13:39	13:55		14:43		15:34	16:15	16:39	16:57
STEENBERG	13:12	13:42	13:58		14:46		15:37	16:18		17:00
LAKESIDE	13:14	13:44	14:00		14:48		15:39	16:20		17:02
FALSE BAY	13:17	13:47	14:03		14:51		15:42	16:23		17:05
MUIZENBERG	13:18	13:48	14:04		14:52		15:43	16:24		17:06
ST JAMES	13:21	13:51	14:07		14:55		15:46	16:27		17:09
KALK BAY	13:23	13:53	14:09		14:57		15:48	16:29		17:11
FISH HOEK	13:28	13:58	14:14		15:02		15:53	16:34		17:27
SUNNY COVE			14:16		15:04		15:55	16:36		17:29
GLENCAIRN			14:21		15:09		16:00	16:41		17:34
SIMON'S TOWN			14:26		15:14		16:05	16:46		17:39

CAPE TOWN - WYNBERG - SIMON'S TOWN

SATURDAYS

CAPE TOWN PLATFORM NO.	4	5	6						
TRAIN NO.	0163	0165	0167						
CAPE TOWN	17:13	18:02	18:46						
WOODSTOCK	17:16	18:05	18:49						
SALT RIVER	17:19	18:08	18:52						
OBSERVATORY	17:22	18:11	18:55						
MOWBRAY	17:24	18:13	18:57						
ROSEBANK	17:26	18:15	18:59						
RONDEBOSCH	17:28	18:17	19:01						
NEWLANDS	17:31	18:20	19:04						
CLAREMONT	17:33	18:22	19:06						
HARFIELD RD	17:35	18:24	19:08						
KENILWORTH	17:37	18:26	19:10						
WYNBERG	17:39	18:28	19:12						
WITTEBOME	17:41	18:30	19:14						
PLUMSTEAD	17:43	18:32	19:16						
STEURHOF	17:45	18:34	19:18						
DIEPRIVIER	17:47	18:36	19:20						
HEATHFIELD	17:49	18:38	19:22						
RETREAT	17:52	18:41	19:25						
STEENBERG	17:55	18:44	19:28						
LAKESIDE	17:57	18:46	19:30						
FALSE BAY	18:00	18:49	19:33						
MUIZENBERG	18:01	18:50	19:34						
ST JAMES	18:04	18:53	19:37						
KALK BAY	18:06	18:55	19:39						
FISH HOEK	18:11	19:00	19:44						
SUNNY COVE	18:13	19:02	19:46						
GLENCAIRN	18:18	19:07	19:51						
SIMON'S TOWN	18:23	19:12	19:56						

CAPE TOWN - WYNBERG - SIMON'S TOWN

SUNDAYS AND PUBLIC HOLIDAYS

CAPE TOWN PLATFORM NO.	6	5	5	6	1	4	** 5	6	1	1
TRAIN NO.	0101	0103	0105	0107	0109	0111	0113	0115	0117	0119
CAPE TOWN	05:50	06:34	07:37	08:05	08:30	09:23	10:00	10:35	11:25	12:23
WOODSTOCK	05:53	06:37	07:40	08:08	08:33	09:26	10:03	10:38	11:28	12:26
SALT RIVER	05:56	06:40	07:43	08:11	08:36	09:29	10:06	10:41	11:31	12:29
OBSERVATORY	05:59	06:43	07:46	08:14	08:39	09:32	10:09	10:44	11:34	12:32
MOWBRAY	06:01	06:45	07:48	08:16	08:41	09:34	10:11	10:46	11:36	12:34
ROSEBANK	06:03	06:47	07:50	08:18	08:43	09:36	10:13	10:48	11:38	12:36
RONDEBOSCH	06:05	06:49	07:52	08:20	08:45	09:38	10:15	10:50	11:40	12:38
NEWLANDS	06:08	06:52	07:55	08:23	08:48	09:41	10:18	10:53	11:43	12:41
CLAREMONT	06:10	06:54	07:57	08:25	08:50	09:43	10:20	10:55	11:45	12:43
HARFIELD RD	06:12	06:56	07:59	08:27	08:52	09:45	10:22	10:57	11:47	12:45
KENILWORTH	06:14	06:58	08:01	08:29	08:54	09:47	10:24	10:59	11:49	12:47
WYNBERG	06:16	07:00	08:03	08:31	08:56	09:49	10:26	11:01	11:51	12:49
WITTEBOME	06:18	07:02	08:05	08:33	08:58	09:51	10:28	11:03	11:53	12:51
PLUMSTEAD	06:20	07:04	08:07	08:35	09:00	09:53	10:30	11:05	11:55	12:53
STEURHOF	06:22	07:06	08:09	08:37	09:02	09:55	10:32	11:07	11:57	12:55
DIEPRIVIER	06:24	07:08	08:11	08:39	09:04	09:57	10:34	11:09	11:59	12:57
HEATHFIELD	06:26	07:10	08:13	08:41	09:06	09:59	10:36	11:11	12:01	12:59
RETREAT	06:29	07:13	08:16	08:44	09:09	10:02	10:39	11:14	12:04	13:02
STEENBERG	06:32	07:16	08:19	08:47	09:12	10:05	10:42	11:17	12:07	13:05
LAKESIDE	06:34	07:18	08:21	08:49	09:14	10:07	10:44	11:19	12:09	13:07
FALSE BAY	06:37	07:21	08:24	08:52	09:17	10:10	10:47	11:22	12:12	13:10
MUIZENBERG	06:38	07:22	08:25	08:53	09:18	10:11	10:48	11:23	12:13	13:11
ST JAMES	06:41	07:25	08:28	08:56	09:21	10:14	10:51	11:26	12:16	13:14
KALK BAY	06:43	07:27	08:30	08:58	09:23	10:16	10:53	11:28	12:18	13:16
FISH HOEK	06:48	07:32	08:35	09:03	09:28	10:21	10:58	11:33	12:23	13:21
SUNNY COVE	06:50	07:34	08:37		09:30	10:23		11:35	12:25	13:23
GLENCAIRN	06:55	07:39	08:42		09:35	10:28		11:40	12:30	13:28
SIMON'S TOWN	07:00	07:44	08:47		09:40	10:33		11:45	12:35	13:33

**** Will operate when announced**

CAPE TOWN - WYNBERG - SIMON'S TOWN

SUNDAYS AND PUBLIC HOLIDAYS

CAPE TOWN PLATFORM NO.	1	1	1	** 5	3	4	1	6	4	
TRAIN NO.	0121	0123	0125	0127	0129	0131	0133	0135	0137	
CAPE TOWN	13:32	14:45	15:30	15:55	16:16	16:52	17:38	18:41	19:42	
WOODSTOCK	13:35	14:48	15:33	15:58	16:19	16:55	17:41	18:44	19:45	
SALT RIVER	13:38	14:51	15:36	16:01	16:22	16:58	17:44	18:47	19:48	
OBSERVATORY	13:41	14:54	15:39	16:04	16:25	17:01	17:47	18:50	19:51	
MOWBRAY	13:43	14:56	15:41	16:06	16:27	17:03	17:49	18:52	19:53	
ROSEBANK	13:45	14:58	15:43	16:08	16:29	17:05	17:51	18:54	19:55	
RONDEBOSCH	13:47	15:00	15:45	16:10	16:31	17:07	17:53	18:56	19:57	
NEWLANDS	13:50	15:03	15:48	16:13	16:34	17:10	17:56	18:59	20:00	
CLAREMONT	13:52	15:05	15:50	16:15	16:36	17:12	17:58	19:01	20:02	
HARFIELD RD	13:54	15:07	15:52	16:17	16:38	17:14	18:00	19:03	20:04	
KENILWORTH	13:56	15:09	15:54	16:19	16:40	17:16	18:02	19:05	20:06	
WYNBERG	13:58	15:11	15:56	16:21	16:42	17:18	18:04	19:07	20:08	
WITTEBOME	14:00	15:13	15:58	16:23	16:44	17:20	18:06	19:09	20:10	
PLUMSTEAD	14:02	15:15	16:00	16:25	16:46	17:22	18:08	19:11	20:12	
STEURHOF	14:04	15:17	16:02	16:27	16:48	17:24	18:10	19:13	20:14	
DIEPRIVIER	14:06	15:19	16:04	16:29	16:50	17:26	18:12	19:15	20:16	
HEATHFIELD	14:08	15:21	16:06	16:31	16:52	17:28	18:14	19:17	20:18	
RETREAT	14:11	15:24	16:09	16:34	16:55	17:31	18:17	19:20	20:21	
STEENBERG	14:14	15:27	16:12	16:37	16:58	17:34	18:20	19:23	20:24	
LAKESIDE	14:16	15:29	16:14	16:39	17:00	17:36	18:22	19:25	20:26	
FALSE BAY	14:19	15:32	16:17	16:42	17:03	17:39	18:25	19:28	20:29	
MUIZENBERG	14:20	15:33	16:18	16:43	17:04	17:40	18:26	19:29	20:30	
ST JAMES	14:23	15:36	16:21	16:46	17:07	17:43	18:29	19:32	20:33	
KALK BAY	14:25	15:38	16:23	16:48	17:09	17:45	18:31	19:34	20:35	
FISH HOEK	14:30	15:43	16:28	16:53	17:14	17:50	18:36	19:39	20:40	
SUNNY COVE	14:32	15:45	16:30		17:16	17:52	18:38	19:41	20:42	
GLENCAIRN	14:37	15:50	16:35		17:21	17:57	18:43	19:46	20:47	
SIMON'S TOWN	14:42	15:55	16:40		17:26	18:02	18:48	19:51	20:52	

**** Will operate when announced**

SIMON'S TOWN - WYNBERG - CAPE TOWN

MONDAYS TO FRIDAYS

TRAIN NO.	0102	0104	0106	0108	0110	0112	0114	0116	0118	0120
SIMON'S TOWN	04:20		05:11			05:40				
GLENCAIRN	04:25		05:16			05:45				
SUNNY COVE	04:29		05:20			05:49				
FISH HOEK	04:32		05:23	05:35		05:52		06:10		
KALK BAY	04:36		05:27	05:39		05:56		06:14		
ST JAMES	04:38		05:29	05:41		05:58		06:16		
MUIZENBERG	04:41		05:32	05:44		06:01		06:19		
FALSE BAY	04:43		05:34	05:46		06:03		06:21		
LAKESIDE	04:45		05:36	05:48		06:05		06:23		
STEENBERG	04:48		05:39	05:51		06:08		06:26		
RETREAT	04:50	05:20	05:41	05:53	06:00	06:10	06:18	06:28	06:36	
HEATHFIELD	04:53	05:23	05:44	05:56	06:03	06:13	06:21	06:31	06:39	
DIEPRIVIER	04:55	05:25	05:46	05:58	06:05		06:23	06:33	06:41	
STEURHOF	04:57	05:27	05:48	06:00	06:07		06:25	06:35	06:43	
PLUMSTEAD	04:59	05:29	05:50	06:02	06:09	06:17	06:27	06:37	06:45	06:51
WITTEBOME	05:01	05:31	05:52	06:04	06:11		06:29	06:39	06:47	06:53
WYNBERG	05:03	05:33	05:54	06:06	06:13	06:20	06:31	06:41	06:49	06:55
KENILWORTH	05:05	05:35	05:56	06:08	06:15	06:22	06:33	06:43	06:51	06:57
HARFIELD RD	05:07	05:37	05:58	06:10	06:17		06:35	06:45	06:53	06:59
CLAREMONT	05:09	05:39	06:00	06:12	06:19	06:25	06:37	06:47	06:55	07:01
NEWLANDS	05:11	05:41	06:02	06:14	06:21		06:39	06:49	06:57	07:03
RONDEBOSCH	05:13	05:43	06:04	06:16	06:23	06:29	06:41	06:51	06:59	07:05
ROSEBANK	05:15	05:45	06:06	06:18	06:25		06:43	06:53	07:01	07:07
MOWBRAY	05:17	05:47	06:08	06:20	06:27	06:32	06:45	06:55	07:03	07:09
OBSERVATORY	05:19	05:49	06:10	06:22	06:29	06:34	06:47	06:57	07:05	07:11
SALT RIVER	05:22	05:52	06:13	06:25	06:32	06:37	06:50	07:00	07:08	07:14
WOODSTOCK	05:25	05:55	06:16	06:28	06:35	06:40	06:53	07:03	07:11	07:17
CAPE TOWN	05:28	05:58	06:19	06:31	06:38	06:43	06:56	07:06	07:14	07:20

SIMON'S TOWN - WYNBERG - CAPE TOWN

MONDAYS TO FRIDAYS

TRAIN NO.	0122	0124	0126	0128	0130	0132	0134	0136	0138	0140
SIMON'S TOWN		06:30					07:08			
GLENCAIRN		06:35					07:13			
SUNNY COVE		06:39					07:17			
FISH HOEK	06:31	06:42		06:55		07:10	07:20	07:27		07:40
KALK BAY	06:35	06:46		06:59		07:14	07:24	07:31		07:44
ST JAMES	06:37	06:48		07:01		07:16	07:26	07:33		07:46
MUIZENBERG	06:40	06:51		07:04		07:19	07:29	07:36		07:49
FALSE BAY	06:42	06:53		07:06		07:21	07:31	07:38		07:51
LAKESIDE	06:44	06:55		07:08		07:23	07:33	07:40		07:53
STEENBERG	06:47	06:58		07:11		07:26	07:36	07:43		07:56
RETREAT	06:49	07:00	07:07	07:13		07:28	07:38	07:45	07:54	07:58
HEATHFIELD	06:52	07:03	07:10	07:16		07:31	07:41	07:48	07:57	08:01
DIEPRIVIER	06:54	07:05	07:12	07:18		07:33		07:50	07:59	08:03
STEURHOF	06:56		07:14	07:20		07:35		07:52	08:01	08:05
PLUMSTEAD	06:58	07:08	07:16	07:22	07:28	07:37	07:44	07:54	08:03	08:07
WITTEBOME	07:00		07:18	07:24	07:30	07:39		07:56	08:05	08:09
WYNBERG	07:02	07:11	07:20	07:26	07:32	07:41	07:47	07:58	08:07	08:11
KENILWORTH	07:04	07:13	07:22	07:28	07:34	07:43		08:00	08:09	08:13
HARFIELD RD	07:06		07:24	07:30	07:36	07:45		08:02	08:11	08:15
CLAREMONT	07:08	07:16	07:26	07:32	07:38	07:47	07:52	08:04	08:13	08:17
NEULANDS	07:10		07:28	07:34	07:40	07:49	07:54	08:06	08:15	08:19
RONDEBOSCH	07:12	07:19	07:30	07:36	07:42	07:51	07:56	08:08	08:17	08:21
ROSEBANK	07:14		07:32	07:38	07:44	07:53	07:58	08:10	08:19	08:23
MOWBRAY	07:16	07:22	07:34	07:40	07:46	07:55	08:00	08:12	08:21	08:25
OBSERVATORY	07:18	07:24	07:36	07:42	07:48	07:57	08:02	08:14	08:23	08:27
SALT RIVER	07:21	07:27	07:39	07:45	07:51	08:00	08:05	08:17	08:26	08:30
WOODSTOCK	07:24	07:30	07:42	07:48	07:54	08:03	08:08	08:20	08:29	08:33
CAPE TOWN	07:27	07:33	07:45	07:51	07:57	08:06	08:11	08:23	08:32	08:36

SIMON'S TOWN - WYNBERG - CAPE TOWN

MONDAYS TO FRIDAYS

TRAIN NO.	0142	0144	0146	0148	0150	0152	0154	0156	0158	0160
SIMON'S TOWN		07:46				08:19		08:54		
GLENCAIRN		07:51				08:24		08:59		
SUNNY COVE		07:55				08:28		09:03		
FISH HOEK	07:50	07:58			08:22	08:31	08:49	09:06	09:17	09:29
KALK BAY	07:54	08:02			08:26	08:35	08:53	09:10	09:21	09:33
ST JAMES	07:56	08:04			08:28	08:37	08:55	09:12	09:23	09:35
MUIZENBERG	07:59	08:07			08:31	08:40	08:58	09:15	09:26	09:38
FALSE BAY	08:01	08:09			08:33	08:42	09:00	09:17	09:28	09:40
LAKESIDE	08:03	08:11			08:35	08:44	09:02	09:19	09:30	09:42
STEENBERG	08:06	08:14			08:38	08:47	09:05	09:22	09:33	09:45
RETREAT	08:08	08:16	08:22	08:32	08:40	08:49	09:07	09:24	09:35	09:47
HEATHFIELD	08:11	08:19	08:25	08:35	08:43	08:52	09:10	09:27	09:38	09:50
DIEPRIVIER	08:13	08:21	08:27	08:37	08:45	08:54	09:12	09:29	09:40	09:52
STEURHOF	08:15	08:23	08:29	08:39	08:47	08:56	09:14	09:31	09:42	09:54
PLUMSTEAD	08:17	08:25	08:31	08:41	08:49	08:58	09:16	09:33	09:44	09:56
WITTEBOME	08:19	08:27	08:33	08:43	08:51	09:00	09:18	09:35	09:46	09:58
WYNBERG	08:21	08:29	08:35	08:45	08:53	09:02	09:20	09:37	09:48	10:00
KENILWORTH	08:23	08:31	08:37	08:47	08:55	09:04	09:22	09:39	09:50	10:02
HARFIELD RD	08:25	08:33	08:39	08:49	08:57	09:06	09:24	09:41	09:52	10:04
CLAREMONT	08:27	08:35	08:41	08:51	08:59	09:08	09:26	09:43	09:54	10:06
NEULANDS	08:29	08:37	08:43	08:53	09:01	09:10	09:28	09:45	09:56	10:08
RONDEBOSCH	08:31	08:39	08:45	08:55	09:03	09:12	09:30	09:47	09:58	10:10
ROSEBANK	08:33	08:41	08:47	08:57	09:05	09:14	09:32	09:49	10:00	10:12
MOWBRAY	08:35	08:43	08:49	08:59	09:07	09:16	09:34	09:51	10:02	10:14
OBSERVATORY	08:37	08:45	08:51	09:01	09:09	09:18	09:36	09:53	10:04	10:16
SALT RIVER	08:40	08:48	08:54	09:04	09:12	09:21	09:39	09:56	10:07	10:19
WOODSTOCK	08:43	08:51	08:57	09:07	09:15	09:24	09:42	09:59	10:10	10:22
CAPE TOWN	08:46	08:54	09:00	09:10	09:18	09:27	09:45	10:02	10:13	10:25

SIMON'S TOWN - WYNBERG - CAPE TOWN

MONDAYS TO FRIDAYS

TRAIN NO.	0162		0166	0168	0170		0174	0176	0178	
SIMON'S TOWN	09:28		10:02		10:52		11:43		12:42	
GLENCAIRN	09:33		10:07		10:57		11:48		12:47	
SUNNY COVE	09:37		10:11		11:01		11:52		12:51	
FISH HOEK	09:40		10:14	10:40	11:04		11:55	12:21	12:54	
KALK BAY	09:44		10:18	10:44	11:08		11:59	12:25	12:58	
ST JAMES	09:46		10:20	10:46	11:10		12:01	12:27	13:00	
MUIZENBERG	09:49		10:23	10:49	11:13		12:04	12:30	13:03	
FALSE BAY	09:51		10:25	10:51	11:15		12:06	12:32	13:05	
LAKESIDE	09:53		10:27	10:53	11:17		12:08	12:34	13:07	
STEENBERG	09:56		10:30	10:56	11:20		12:11	12:37	13:10	
RETREAT	09:58		10:32	10:58	11:22		12:13	12:39	13:12	
HEATHFIELD	10:01		10:35	11:01	11:25		12:16	12:42	13:15	
DIEPRIVIER	10:03		10:37	11:03	11:27		12:18	12:44	13:17	
STEURHOF	10:05		10:39	11:05	11:29		12:20	12:46	13:19	
PLUMSTEAD	10:07		10:41	11:07	11:31		12:22	12:48	13:21	
WITTEBOME	10:09		10:43	11:09	11:33		12:24	12:50	13:23	
WYNBERG	10:11		10:45	11:11	11:35		12:26	12:52	13:25	
KENILWORTH	10:13		10:47	11:13	11:37		12:28	12:54	13:27	
HARFIELD RD	10:15		10:49	11:15	11:39		12:30	12:56	13:29	
CLAREMONT	10:17		10:51	11:17	11:41		12:32	12:58	13:31	
NEULANDS	10:19		10:53	11:19	11:43		12:34	13:00	13:33	
RONDEBOSCH	10:21		10:55	11:21	11:45		12:36	13:02	13:35	
ROSEBANK	10:23		10:57	11:23	11:47		12:38	13:04	13:37	
MOWBRAY	10:25		10:59	11:25	11:49		12:40	13:06	13:39	
OBSERVATORY	10:27		11:01	11:27	11:51		12:42	13:08	13:41	
SALT RIVER	10:30		11:04	11:30	11:54		12:45	13:11	13:44	
WOODSTOCK	10:33		11:07	11:33	11:57		12:48	13:14	13:47	
CAPE TOWN	10:36		11:10	11:36	12:00		12:51	13:17	13:50	

SIMON'S TOWN - WYNBERG - CAPE TOWN

MONDAYS TO FRIDAYS

TRAIN NO.	0182	0184	0186		0190	0192	0194	0196	0198	0200
SIMON'S TOWN	13:20		14:00		14:40				15:18	
GLENCAIRN	13:25		14:05		14:45				15:23	
SUNNY COVE	13:29		14:09		14:49				15:27	
FISH HOEK	13:32	13:50	14:12		14:52	15:05		15:20	15:30	15:40
KALK BAY	13:36	13:54	14:16		14:56	15:09		15:24	15:34	15:44
ST JAMES	13:38	13:56	14:18		14:58	15:11		15:26	15:36	15:46
MUIZENBERG	13:41	13:59	14:21		15:01	15:14		15:29	15:39	15:49
FALSE BAY	13:43	14:01	14:23		15:03	15:16		15:31	15:41	15:51
LAKESIDE	13:45	14:03	14:25		15:05	15:18		15:33	15:43	15:53
STEENBERG	13:48	14:06	14:28		15:08	15:21		15:36	15:46	15:56
RETREAT	13:50	14:08	14:30		15:10	15:23	15:32	15:38	15:48	15:58
HEATHFIELD	13:53	14:11	14:33		15:13	15:26	15:35	15:41	15:51	16:01
DIEPRIVIER	13:55	14:13	14:35		15:15	15:28	15:37	15:43	15:53	16:03
STEURHOF	13:57	14:15	14:37		15:17	15:30	15:39	15:45	15:55	16:05
PLUMSTEAD	13:59	14:17	14:39		15:19	15:32	15:41	15:47	15:57	16:07
WITTEBOME	14:01	14:19	14:41		15:21	15:34	15:43	15:49	15:59	16:09
WYNBERG	14:03	14:21	14:43		15:23	15:36	15:45	15:51	16:01	16:11
KENILWORTH	14:05	14:23	14:45		15:25	15:38	15:47	15:53	16:03	16:13
HARFIELD RD	14:07	14:25	14:47		15:27	15:40	15:49	15:55	16:05	16:15
CLAREMONT	14:09	14:27	14:49		15:29	15:42	15:51	15:57	16:07	16:17
NEULANDS	14:11	14:29	14:51		15:31	15:44	15:53	15:59	16:09	16:19
RONDEBOSCH	14:13	14:31	14:53		15:33	15:46	15:55	16:01	16:11	16:21
ROSEBANK	14:15	14:33	14:55		15:35	15:48	15:57	16:03	16:13	16:23
MOWBRAY	14:17	14:35	14:57		15:37	15:50	15:59	16:05	16:15	16:25
OBSERVATORY	14:19	14:37	14:59		15:39	15:52	16:01	16:07	16:17	16:27
SALT RIVER	14:22	14:40	15:02		15:42	15:55	16:04	16:10	16:20	16:30
WOODSTOCK	14:25	14:43	15:05		15:45	15:58	16:07	16:13	16:23	16:33
CAPE TOWN	14:28	14:46	15:08		15:48	16:01	16:10	16:16	16:26	16:36

SIMON`S TOWN - V SIMON`S TOWN - WYNBERG - CAPE TOWN

MONDAYS TO FRIDAYS

TRAIN NO.	0202	0204	0206	0208	0210	0212	0214	0216	0218	0220
SIMON`S TOWN		15:56			16:30			17:09		
GLENCAIRN		16:01			16:35			17:14		
SUNNY COVE		16:05			16:39			17:18		
FISH HOEK		16:08	16:20		16:42	16:55	17:10	17:21	17:27	17:38
KALK BAY		16:12	16:24		16:46	16:59	17:14	17:25	17:31	17:42
ST JAMES		16:14	16:26		16:48	17:01	17:16	17:27	17:33	17:44
MUIZENBERG		16:17	16:29		16:51	17:04	17:19	17:30	17:36	17:47
FALSE BAY		16:19	16:31		16:53	17:06	17:21	17:32	17:38	17:49
LAKESIDE		16:21	16:33		16:55	17:08	17:23	17:34	17:40	17:51
STEENBERG		16:24	16:36		16:58	17:11	17:26	17:37	17:43	17:54
RETREAT	16:12	16:26	16:38	16:49	17:00	17:13	17:28	17:39	17:45	17:56
HEATHFIELD	16:15	16:29	16:41	16:52	17:03	17:16	17:31	17:42	17:48	17:59
DIEPRIVIER	16:17	16:31	16:43	16:54	17:05	17:18	17:33	17:44	17:50	18:01
STEURHOF	16:19	16:33	16:45	16:56	17:07	17:20	17:35	17:46	17:52	18:03
PLUMSTEAD	16:21	16:35	16:47	16:58	17:09	17:22	17:37	17:48	17:54	18:05
WITTEBOME	16:23	16:37	16:49	17:00	17:11	17:24	17:39	17:50	17:56	18:07
WYNBERG	16:25	16:39	16:51	17:02	17:13	17:26	17:41	17:52	17:58	18:09
KENILWORTH	16:27	16:41	16:53	17:04	17:15	17:28	17:43	17:54	18:00	18:11
HARFIELD RD	16:29	16:43	16:55	17:06	17:17	17:30	17:45	17:56	18:02	18:13
CLAREMONT	16:31	16:45	16:57	17:08	17:19	17:32	17:47	17:58	18:04	18:15
NEULANDS	16:33	16:47	16:59	17:10	17:21	17:34	17:49	18:00	18:06	18:17
RONDEBOSCH	16:35	16:49	17:01	17:12	17:23	17:36	17:51	18:02	18:08	18:19
ROSEBANK	16:37	16:51	17:03	17:14	17:25	17:38	17:53	18:04	18:10	18:21
MOWBRAY	16:39	16:53	17:05	17:16	17:27	17:40	17:55	18:06	18:12	18:23
OBSERVATORY	16:41	16:55	17:07	17:18	17:29	17:42	17:57	18:08	18:14	18:25
SALT RIVER	16:44	16:58	17:10	17:21	17:32	17:45	18:00	18:11	18:17	18:28
WOODSTOCK	16:47	17:01	17:13	17:24	17:35	17:48	18:03	18:14	18:20	18:31
CAPE TOWN	16:50	17:04	17:16	17:29	17:38	17:51	18:06	18:17	18:23	18:34

SIMON`S TOWN - WYNBERG - CAPE TOWN

MONDAYS TO FRIDAYS

TRAIN NO.	0222	0224	0226	0228	0230	0232				
SIMON`S TOWN		17:48		18:25	19:11	19:43				
GLENCAIRN		17:53		18:30	19:16	19:48				
SUNNY COVE		17:57		18:34	19:20	19:52				
FISH HOEK	17:50	18:00	18:12	18:37	19:23	20:00				
KALK BAY	17:54	18:04	18:16	18:41	19:27	20:04				
ST JAMES	17:56	18:06	18:18	18:43	19:29	20:06				
MUIZENBERG	17:59	18:09	18:21	18:46	19:32	20:09				
FALSE BAY	18:01	18:11	18:23	18:48	19:34	20:11				
LAKESIDE	18:03	18:13	18:25	18:50	19:36	20:13				
STEENBERG	18:06	18:16	18:28	18:53	19:39	20:16				
RETREAT	18:08	18:18	18:30	18:55	19:41	20:18				
HEATHFIELD	18:11	18:21	18:33	18:58	19:44	20:21				
DIEPRIVIER	18:13	18:23	18:35	19:00	19:46	20:23				
STEURHOF	18:15	18:25	18:37	19:02	19:48	20:25				
PLUMSTEAD	18:17	18:27	18:39	19:04	19:50	20:27				
WITTEBOME	18:19	18:29	18:41	19:06	19:52	20:29				
WYNBERG	18:21	18:31	18:43	19:08	19:54	20:31				
KENILWORTH	18:23	18:33	18:45	19:10	19:56	20:33				
HARFIELD RD	18:25	18:35	18:47	19:12	19:58	20:35				
CLAREMONT	18:27	18:37	18:49	19:14	20:00	20:37				
NEWLANDS	18:29	18:39	18:51	19:16	20:02	20:39				
RONDEBOSCH	18:31	18:41	18:53	19:18	20:04	20:41				
ROSEBANK	18:33	18:43	18:55	19:20	20:06	20:43				
MOWBRAY	18:35	18:45	18:57	19:22	20:08	20:45				
OBSERVATORY	18:37	18:47	18:59	19:24	20:10	20:47				
SALT RIVER	18:40	18:50	19:02	19:27	20:13	20:50				
WOODSTOCK	18:43	18:53	19:05	19:30	20:16	20:53				
CAPE TOWN	18:46	18:56	19:08	19:33	20:19	20:56				

SIMON'S TOWN - WYNBERG - CAPE TOWN

SATURDAYS

TRAIN NO.	0100	0102	0104	0106	0108	0110	0112	0114	0116	0118
SIMON'S TOWN	04:25	05:28		06:04		06:40		07:13		07:50
GLENCAIRN	04:30	05:33		06:09		06:45		07:18		07:55
SUNNY COVE	04:34	05:37		06:13		06:49		07:22		07:59
FISH HOEK	04:37	05:40	05:58	06:16	06:31	06:52	07:05	07:25	07:40	08:02
KALK BAY	04:41	05:44	06:02	06:20	06:35	06:56	07:09	07:29	07:44	08:06
ST JAMES	04:43	05:46	06:04	06:22	06:37	06:58	07:11	07:31	07:46	08:08
MUIZENBERG	04:46	05:49	06:07	06:25	06:40	07:01	07:14	07:34	07:49	08:11
FALSE BAY	04:48	05:51	06:09	06:27	06:42	07:03	07:16	07:36	07:51	08:13
LAKESIDE	04:50	05:53	06:11	06:29	06:44	07:05	07:18	07:38	07:53	08:15
STEENBERG	04:53	05:56	06:14	06:32	06:47	07:08	07:21	07:41	07:56	08:18
RETREAT	04:55	05:58	06:16	06:34	06:49	07:10	07:23	07:43	07:58	08:20
HEATHFIELD	04:58	06:01	06:19	06:37	06:52	07:13	07:26	07:46	08:01	08:23
DIEPRIVIER	05:00	06:03	06:21	06:39	06:54	07:15	07:28	07:48	08:03	08:25
STEURHOF	05:02	06:05	06:23	06:41	06:56	07:17	07:30	07:50	08:05	08:27
PLUMSTEAD	05:04	06:07	06:25	06:43	06:58	07:19	07:32	07:52	08:07	08:29
WITTEBOME	05:06	06:09	06:27	06:45	07:00	07:21	07:34	07:54	08:09	08:31
WYNBERG	05:08	06:11	06:29	06:47	07:02	07:23	07:36	07:56	08:11	08:33
KENILWORTH	05:10	06:13	06:31	06:49	07:04	07:25	07:38	07:58	08:13	08:35
HARFIELD RD	05:12	06:15	06:33	06:51	07:06	07:27	07:40	08:00	08:15	08:37
CLAREMONT	05:14	06:17	06:35	06:53	07:08	07:29	07:42	08:02	08:17	08:39
NEULANDS	05:16	06:19	06:37	06:55	07:10	07:31	07:44	08:04	08:19	08:41
RONDEBOSCH	05:18	06:21	06:39	06:57	07:12	07:33	07:46	08:06	08:21	08:43
ROSEBANK	05:20	06:23	06:41	06:59	07:14	07:35	07:48	08:08	08:23	08:45
MOWBRAY	05:22	06:25	06:43	07:01	07:16	07:37	07:50	08:10	08:25	08:47
OBSERVATORY	05:24	06:27	06:45	07:03	07:18	07:39	07:52	08:12	08:27	08:49
SALT RIVER	05:27	06:30	06:48	07:06	07:21	07:42	07:55	08:15	08:30	08:52
WOODSTOCK	05:30	06:33	06:51	07:09	07:24	07:45	07:58	08:18	08:33	08:55
CAPE TOWN	05:33	06:36	06:54	07:12	07:27	07:48	08:01	08:21	08:36	08:58

SIMON'S TOWN - WYNBERG - CAPE TOWN

SATURDAYS

TRAIN NO.	0120	0122	0124	0126	0128	0130		0134		0138
SIMON'S TOWN		08:37		09:19		10:10		10:58		11:50
GLENCAIRN		08:42		09:24		10:15		11:03		11:55
SUNNY COVE		08:46		09:28		10:19		11:07		11:59
FISH HOEK	08:19	08:49	09:08	09:31	09:56	10:22		11:10		12:02
KALK BAY	08:23	08:53	09:12	09:35	10:00	10:26		11:14		12:06
ST JAMES	08:25	08:55	09:14	09:37	10:02	10:28		11:16		12:08
MUIZENBERG	08:28	08:58	09:17	09:40	10:05	10:31		11:19		12:11
FALSE BAY	08:30	09:00	09:19	09:42	10:07	10:33		11:21		12:13
LAKESIDE	08:32	09:02	09:21	09:44	10:09	10:35		11:23		12:15
STEENBERG	08:35	09:05	09:24	09:47	10:12	10:38		11:26		12:18
RETREAT	08:37	09:07	09:26	09:49	10:14	10:40		11:28		12:20
HEATHFIELD	08:40	09:10	09:29	09:52	10:17	10:43		11:31		12:23
DIEPRIVIER	08:42	09:12	09:31	09:54	10:19	10:45		11:33		12:25
STEURHOF	08:44	09:14	09:33	09:56	10:21	10:47		11:35		12:27
PLUMSTEAD	08:46	09:16	09:35	09:58	10:23	10:49		11:37		12:29
WITTEBOME	08:48	09:18	09:37	10:00	10:25	10:51		11:39		12:31
WYNBERG	08:50	09:20	09:39	10:02	10:27	10:53		11:41		12:33
KENILWORTH	08:52	09:22	09:41	10:04	10:29	10:55		11:43		12:35
HARFIELD RD	08:54	09:24	09:43	10:06	10:31	10:57		11:45		12:37
CLAREMONT	08:56	09:26	09:45	10:08	10:33	10:59		11:47		12:39
NEULANDS	08:58	09:28	09:47	10:10	10:35	11:01		11:49		12:41
RONDEBOSCH	09:00	09:30	09:49	10:12	10:37	11:03		11:51		12:43
ROSEBANK	09:02	09:32	09:51	10:14	10:39	11:05		11:53		12:45
MOWBRAY	09:04	09:34	09:53	10:16	10:41	11:07		11:55		12:47
OBSERVATORY	09:06	09:36	09:55	10:18	10:43	11:09		11:57		12:49
SALT RIVER	09:09	09:39	09:58	10:21	10:46	11:12		12:00		12:52
WOODSTOCK	09:12	09:42	10:01	10:24	10:49	11:15		12:03		12:55
CAPE TOWN	09:15	09:45	10:04	10:27	10:52	11:18		12:06		12:58

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SIMON'S TOWN - WYNBERG - CAPE TOWN

SATURDAYS

TRAIN NO.		0142	0144	0146	0148	0150		0154		0158
SIMON'S TOWN		12:38			13:58	14:36		15:25		16:21
GLENCAIRN		12:43			14:03	14:41		15:30		16:26
SUNNY COVE		12:47			14:07	14:45		15:34		16:30
FISH HOEK		12:50	13:15	13:43	14:10	14:48		15:37		16:33
KALK BAY		12:54	13:19	13:47	14:14	14:52		15:41		16:37
ST JAMES		12:56	13:21	13:49	14:16	14:54		15:43		16:39
MUIZENBERG		12:59	13:24	13:52	14:19	14:57		15:46		16:42
FALSE BAY		13:01	13:26	13:54	14:21	14:59		15:48		16:44
LAKESIDE		13:03	13:28	13:56	14:23	15:01		15:50		16:46
STEENBERG		13:06	13:31	13:59	14:26	15:04		15:53		16:49
RETREAT		13:08	13:33	14:01	14:28	15:06		15:55		16:51
HEATHFIELD		13:11	13:36	14:04	14:31	15:09		15:58		16:54
DIEPRIVIER		13:13	13:38	14:06	14:33	15:11		16:00		16:56
STEURHOF		13:15	13:40	14:08	14:35	15:13		16:02		16:58
PLUMSTEAD		13:17	13:42	14:10	14:37	15:15		16:04		17:00
WITTEBOME		13:19	13:44	14:12	14:39	15:17		16:06		17:02
WYNBERG		13:21	13:46	14:14	14:41	15:19		16:08		17:04
KENILWORTH		13:23	13:48	14:16	14:43	15:21		16:10		17:06
HARFIELD RD		13:25	13:50	14:18	14:45	15:23		16:12		17:08
CLAREMONT		13:27	13:52	14:20	14:47	15:25		16:14		17:10
NEULANDS		13:29	13:54	14:22	14:49	15:27		16:16		17:12
RONDEBOSCH		13:31	13:56	14:24	14:51	15:29		16:18		17:14
ROSEBANK		13:33	13:58	14:26	14:53	15:31		16:20		17:16
MOWBRAY		13:35	14:00	14:28	14:55	15:33		16:22		17:18
OBSERVATORY		13:37	14:02	14:30	14:57	15:35		16:24		17:20
SALT RIVER		13:40	14:05	14:33	15:00	15:38		16:27		17:23
WOODSTOCK		13:43	14:08	14:36	15:03	15:41		16:30		17:26
CAPE TOWN		13:46	14:11	14:39	15:06	15:44		16:33		17:29

SIMON`S TOWN - WYNBERG - CAPE TOWN

SUNDAYS AND PUBLIC HOLIDAYS

TRAIN NO.	0102	0104	0106	0108	0110	0112	** 0114	0116	0118	0120
SIMON`S TOWN	04:24	05:24	06:22	07:18	08:17	09:04		09:55	10:42	11:53
GLENCAIRN	04:29	05:29	06:27	07:23	08:22	09:09		10:00	10:47	11:58
SUNNY COVE	04:33	05:33	06:31	07:27	08:26	09:13		10:04	10:51	12:02
FISH HOEK	04:36	05:36	06:34	07:30	08:29	09:16	09:40	10:07	10:54	12:05
KALK BAY	04:40	05:40	06:38	07:34	08:33	09:20	09:44	10:11	10:58	12:09
ST JAMES	04:42	05:42	06:40	07:36	08:35	09:22	09:46	10:13	11:00	12:11
MUIZENBERG	04:45	05:45	06:43	07:39	08:38	09:25	09:49	10:16	11:03	12:14
FALSE BAY	04:47	05:47	06:45	07:41	08:40	09:27	09:51	10:18	11:05	12:16
LAKESIDE	04:49	05:49	06:47	07:43	08:42	09:29	09:53	10:20	11:07	12:18
STEENBERG	04:52	05:52	06:50	07:46	08:45	09:32	09:56	10:23	11:10	12:21
RETREAT	04:54	05:54	06:52	07:48	08:47	09:34	09:58	10:25	11:12	12:23
HEATHFIELD	04:57	05:57	06:55	07:51	08:50	09:37	10:01	10:28	11:15	12:26
DIEPRIVIER	04:59	05:59	06:57	07:53	08:52	09:39	10:03	10:30	11:17	12:28
STEURHOF	05:01	06:01	06:59	07:55	08:54	09:41	10:05	10:32	11:19	12:30
PLUMSTEAD	05:03	06:03	07:01	07:57	08:56	09:43	10:07	10:34	11:21	12:32
WITTEBOME	05:05	06:05	07:03	07:59	08:58	09:45	10:09	10:36	11:23	12:34
WYNBERG	05:07	06:07	07:05	08:01	09:00	09:47	10:11	10:38	11:25	12:36
KENILWORTH	05:09	06:09	07:07	08:03	09:02	09:49	10:13	10:40	11:27	12:38
HARFIELD RD	05:11	06:11	07:09	08:05	09:04	09:51	10:15	10:42	11:29	12:40
CLAREMONT	05:13	06:13	07:11	08:07	09:06	09:53	10:17	10:44	11:31	12:42
NEWLANDS	05:15	06:15	07:13	08:09	09:08	09:55	10:19	10:46	11:33	12:44
RONDEBOSCH	05:17	06:17	07:15	08:11	09:10	09:57	10:21	10:48	11:35	12:46
ROSEBANK	05:19	06:19	07:17	08:13	09:12	09:59	10:23	10:50	11:37	12:48
MOWBRAY	05:21	06:21	07:19	08:15	09:14	10:01	10:25	10:52	11:39	12:50
OBSERVATORY	05:23	06:23	07:21	08:17	09:16	10:03	10:27	10:54	11:41	12:52
SALT RIVER	05:26	06:26	07:24	08:20	09:19	10:06	10:30	10:57	11:44	12:55
WOODSTOCK	05:29	06:29	07:27	08:23	09:22	10:09	10:33	11:00	11:47	12:58
CAPE TOWN	05:32	06:32	07:30	08:26	09:25	10:12	10:36	11:03	11:50	13:01

**** Will operate when announced**

SIMON`S TOWN - WYNBERG - CAPE TOWN

SUNDAYS AND PUBLIC HOLIDAYS

TRAIN NO.	0122	0124	0126	0128	** 0130	0132	0134	0136		
SIMON`S TOWN	13:00	13:41	14:54	16:02		16:54	17:36	18:55		
GLENCAIRN	13:05	13:46	14:59	16:07		16:59	17:41	19:00		
SUNNY COVE	13:09	13:50	15:03	16:11		17:03	17:45	19:04		
FISH HOEK	13:12	13:53	15:06	16:14	16:36	17:06	17:48	19:07		
KALK BAY	13:16	13:57	15:10	16:18	16:40	17:10	17:52	19:11		
ST JAMES	13:18	13:59	15:12	16:20	16:42	17:12	17:54	19:13		
MUIZENBERG	13:21	14:02	15:15	16:23	16:45	17:15	17:57	19:16		
FALSE BAY	13:23	14:04	15:17	16:25	16:47	17:17	17:59	19:18		
LAKESIDE	13:25	14:06	15:19	16:27	16:49	17:19	18:01	19:20		
STEENBERG	13:28	14:09	15:22	16:30	16:52	17:22	18:04	19:23		
RETREAT	13:30	14:11	15:24	16:32	16:54	17:24	18:06	19:25		
HEATHFIELD	13:33	14:14	15:27	16:35	16:57	17:27	18:09	19:28		
DIEPRIVIER	13:35	14:16	15:29	16:37	16:59	17:29	18:11	19:30		
STEURHOF	13:37	14:18	15:31	16:39	17:01	17:31	18:13	19:32		
PLUMSTEAD	13:39	14:20	15:33	16:41	17:03	17:33	18:15	19:34		
WITTEBOME	13:41	14:22	15:35	16:43	17:05	17:35	18:17	19:36		
WYNBERG	13:43	14:24	15:37	16:45	17:07	17:37	18:19	19:38		
KENILWORTH	13:45	14:26	15:39	16:47	17:09	17:39	18:21	19:40		
HARFIELD RD	13:47	14:28	15:41	16:49	17:11	17:41	18:23	19:42		
CLAREMONT	13:49	14:30	15:43	16:51	17:13	17:43	18:25	19:44		
NEWLANDS	13:51	14:32	15:45	16:53	17:15	17:45	18:27	19:46		
RONDEBOSCH	13:53	14:34	15:47	16:55	17:17	17:47	18:29	19:48		
ROSEBANK	13:55	14:36	15:49	16:57	17:19	17:49	18:31	19:50		
MOWBRAY	13:57	14:38	15:51	16:59	17:21	17:51	18:33	19:52		
OBSERVATORY	13:59	14:40	15:53	17:01	17:23	17:53	18:35	19:54		
SALT RIVER	14:02	14:43	15:56	17:04	17:26	17:56	18:38	19:57		
WOODSTOCK	14:05	14:46	15:59	17:07	17:29	17:59	18:41	20:00		
CAPE TOWN	14:08	14:49	16:02	17:10	17:32	18:02	18:44	20:03		

**** Will operate when announced**

CAPE TOWN - RETREAT VIA CAPE FLATS

MONDAYS TO FRIDAYS

CAPE TOWN PLATFORM NO.	15	14	13	15	*	12	13	15	13	13
TRAIN NO.	0501	0503	0505	0507	0109	0509	0511	0513	0515	0517
CAPE TOWN	05:02	05:20	05:34	05:50	05:58	06:05	06:12	06:21	06:37	06:54
WOODSTOCK	05:05	05:23	05:37	05:53	06:01	06:08	06:15	06:24	06:40	06:57
SALT RIVER	05:08	05:26	05:40	05:56	06:04	06:11	06:18	06:27	06:43	07:00
KOEBERG RD	05:10	05:28	05:42	05:58	06:06	06:13	06:20	06:29	06:45	07:02
MAITLAND	05:12	05:30	05:44	06:00	06:08	06:15	06:22	06:31	06:47	07:04
NDABENI	05:15	05:33	05:47	06:03	06:11	06:18	06:25	06:34	06:50	07:07
PINELANDS	05:18	05:36	05:50	06:06	06:14	06:21	06:28	06:37	06:53	07:10
HAZENDAL	05:20	05:38	05:52	06:08	06:16	06:23	06:30	06:39	06:55	07:12
ATHLONE	05:23	05:41	05:55	06:11	06:19	06:26	06:33	06:42	06:58	07:15
CRAWFORD	05:25	05:43	05:57	06:13	06:21	06:28	06:35	06:44	07:00	07:17
LANSDOWNE	05:27	05:45	05:59	06:15	06:23	06:30	06:37	06:46	07:02	07:19
WETTON	05:30	05:48	06:02	06:18	06:26	06:33	06:40	06:49	07:05	07:22
OTTERY	05:32	05:50	06:04	06:20	06:28	06:35	06:42	06:51	07:07	07:24
SOUTHFIELD	05:36	05:54	06:08	06:24	06:32	06:39	06:46	06:55	07:11	07:28
HEATHFIELD	05:40	05:58	06:12	06:28	06:36	06:43	06:50	06:59	07:15	07:32
RETREAT					06:38		06:52			

* Train operates from Cape Town to Fish Hoek.

CAPE TOWN - RETREAT VIA CAPE FLATS

MONDAYS TO FRIDAYS

MONDAYS TO I

CAPE TOWN PLATFORM NO.	13	15	13	13	14	14	13	15	13	15	CAPE TOWN PLATFORM NO.
TRAIN NO.	0519	0521	0523	0525	0527	0529	0531	0533	0535	0537	TRAIN NO.
CAPE TOWN	07:10	07:26	07:38	07:57	08:29	09:03	09:50	10:37	11:30	12:25	CAPE TOWN
WOODSTOCK	07:13	07:29	07:41	08:00	08:32	09:06	09:53	10:40	11:33	12:28	WOODSTOCK
SALT RIVER	07:16	07:32	07:44	08:03	08:35	09:09	09:56	10:43	11:36	12:31	SALT RIVER
KOEBERG RD	07:18	07:34	07:46	08:05	08:37	09:11	09:58	10:45	11:38	12:33	KOEBERG RD
MAITLAND	07:20	07:36	07:48	08:07	08:39	09:13	10:00	10:47	11:40	12:35	MAITLAND
NDABENI	07:23	07:39	07:51	08:10	08:42	09:16	10:03	10:50	11:43	12:38	NDABENI
PINELANDS	07:26	07:42	07:54	08:13	08:45	09:19	10:06	10:53	11:46	12:41	PINELANDS
HAZENDAL	07:28	07:44	07:56	08:15	08:47	09:21	10:08	10:55	11:48	12:43	HAZENDAL
ATHLONE	07:31	07:47	07:59	08:18	08:50	09:24	10:11	10:58	11:51	12:46	ATHLONE
CRAWFORD	07:33	07:49	08:01	08:20	08:52	09:26	10:13	11:00	11:53	12:48	CRAWFORD
LANSDOWNE	07:35	07:51	08:03	08:22	08:54	09:28	10:15	11:02	11:55	12:50	LANSDOWNE
WETTON	07:38	07:54	08:06	08:25	08:57	09:31	10:18	11:05	11:58	12:53	WETTON
OTTERY	07:40	07:56	08:08	08:27	08:59	09:33	10:20	11:07	12:00	12:55	OTTERY
SOUTHFIELD	07:44	08:00	08:12	08:31	09:03	09:37	10:24	11:11	12:04	12:59	SOUTHFIELD
HEATHFIELD	07:48	08:04	08:16	08:35	09:07	09:41	10:28	11:15	12:08	13:03	HEATHFIELD
RETREAT					09:09	09:43	10:30	11:17	12:10	13:05	RETREAT

CAPE TOWN - RETREAT VIA CAPE FLATS										CAPE TOWN			
FRIDAYS										MONDAYS TO FRIDAYS			
13	15	14	13	15	14	13	14	14	15	CAPE TOWN PLATFORM NO.	14	13	12
0539	0541	0543	0545	0547	0549	0551	0553	0555	0557	TRAIN NO.	0559	0561	0563
13:05	13:35	14:00	14:30	14:58	15:08	15:30	15:50	16:11	16:22	CAPE TOWN	16:34	16:46	16:57
13:08	13:38	14:03	14:33	15:01	15:11	15:33	15:53	16:14	16:25	WOODSTOCK	16:37	16:49	17:00
13:11	13:41	14:06	14:36	15:04	15:14	15:36	15:56	16:17	16:28	SALT RIVER	16:40	16:52	17:03
13:13	13:43	14:08	14:38	15:06	15:16	15:38	15:58	16:19	16:30	KOEBERG RD	16:42	16:54	17:05
13:15	13:45	14:10	14:40	15:08	15:18	15:40	16:00	16:21	16:32	MAITLAND	16:44	16:56	17:07
13:18	13:48	14:13	14:43	15:11	15:21	15:43	16:03	16:24	16:35	NDABENI	16:47	16:59	17:10
13:21	13:51	14:16	14:46	15:14	15:24	15:46	16:06	16:27	16:38	PINELANDS	16:50	17:02	17:13
13:23	13:53	14:18	14:48	15:16	15:26	15:48	16:08	16:29	16:40	HAZENDAL	16:52	17:04	17:15
13:26	13:56	14:21	14:51	15:19	15:29	15:51	16:11	16:32	16:43	ATHLONE	16:55	17:07	17:18
13:28	13:58	14:23	14:53	15:21	15:31	15:53	16:13	16:34	16:45	CRAWFORD	16:57	17:09	17:20
13:30	14:00	14:25	14:55	15:23	15:33	15:55	16:15	16:36	16:47	LANSDOWNE	16:59	17:11	17:22
13:33	14:03	14:28	14:58	15:26	15:36	15:58	16:18	16:39	16:50	WETTON	17:02	17:14	17:25
13:35	14:05	14:30	15:00	15:28	15:38	16:00	16:20	16:41	16:52	OTTERY	17:04	17:16	17:27
13:39	14:09	14:34	15:04	15:32	15:42	16:04	16:24	16:45	16:56	SOUTHFIELD	17:08	17:20	17:31
13:43	14:13	14:38	15:08	15:36	15:46	16:08	16:28	16:49	17:00	HEATHFIELD	17:12	17:24	17:35
13:45	14:15	14:40	15:10							RETREAT			17:37

- RETREAT VIA CAPE FLATS							CAPE TOWN - RETREAT VIA CA						
							SATURDAYS						
14	13	12	14	13	14	12	CAPE TOWN PLATFORM NO.	13	13	15	14	13	15
0565	0567	0569	0571	0573	0575	0577	TRAIN NO.	0501	0503	0505	0507	0509	0511
17:14	17:26	17:40	17:56	18:15	18:50	19:22	CAPE TOWN	05:10	06:06	06:38	07:10	07:45	08:37
17:17	17:29	17:43	17:59	18:18	18:53	19:25	WOODSTOCK	05:13	06:09	06:41	07:13	07:48	08:40
17:20	17:32	17:46	18:02	18:21	18:56	19:28	SALT RIVER	05:16	06:12	06:44	07:16	07:51	08:43
17:22	17:34	17:48	18:04	18:23	18:58	19:30	KOEBERG RD	05:18	06:14	06:46	07:18	07:53	08:45
17:24	17:36	17:50	18:06	18:25	19:00	19:32	MAITLAND	05:20	06:16	06:48	07:20	07:55	08:47
17:27	17:39	17:53	18:09	18:28	19:03	19:35	NDABENI	05:23	06:19	06:51	07:23	07:58	08:50
17:30	17:42	17:56	18:12	18:31	19:06	19:38	PINELANDS	05:26	06:22	06:54	07:26	08:01	08:53
17:32	17:44	17:58	18:14	18:33	19:08	19:40	HAZENDAL	05:28	06:24	06:56	07:28	08:03	08:55
17:35	17:47	18:01	18:17	18:36	19:11	19:43	ATHLONE	05:31	06:27	06:59	07:31	08:06	08:58
17:37	17:49	18:03	18:19	18:38	19:13	19:45	CRAWFORD	05:33	06:29	07:01	07:33	08:08	09:00
17:39	17:51	18:05	18:21	18:40	19:15	19:47	LANSDOWNE	05:35	06:31	07:03	07:35	08:10	09:02
17:42	17:54	18:08	18:24	18:43	19:18	19:50	WETTON	05:38	06:34	07:06	07:38	08:13	09:05
17:44	17:56	18:10	18:26	18:45	19:20	19:52	OTTERY	05:40	06:36	07:08	07:40	08:15	09:07
17:48	18:00	18:14	18:30	18:49	19:24	19:56	SOUTHFIELD	05:44	06:40	07:12	07:44	08:19	09:11
17:52	18:04	18:18	18:34	18:53	19:28	20:00	HEATHFIELD	05:48	06:44	07:16	07:48	08:23	09:15
					19:30	20:02	RETREAT	05:50	06:46	07:18	07:50	08:25	09:17

CAPE FLATS

CAPE TOWN - RETREAT VIA CAPE FLATS

SATURDAYS

13	12	15	13	CAPE TOWN PLATFORM NO.		14	12	14		14	14	13	14
0513	0515	0517	0519	TRAIN NO.		0523	0525	0527		0531	0533	0535	0537
09:25	10:15	11:06	11:55	CAPE TOWN		12:48	13:20	14:13		15:30	16:05	16:58	17:50
09:28	10:18	11:09	11:58	WOODSTOCK		12:51	13:23	14:16		15:33	16:08	17:01	17:53
09:31	10:21	11:12	12:01	SALT RIVER		12:54	13:26	14:19		15:36	16:11	17:04	17:56
09:33	10:23	11:14	12:03	KOEBERG RD		12:56	13:28	14:21		15:38	16:13	17:06	17:58
09:35	10:25	11:16	12:05	MAITLAND		12:58	13:30	14:23		15:40	16:15	17:08	18:00
09:38	10:28	11:19	12:08	NDABENI		13:01	13:33	14:26		15:43	16:18	17:11	18:03
09:41	10:31	11:22	12:11	PINELANDS		13:04	13:36	14:29		15:46	16:21	17:14	18:06
09:43	10:33	11:24	12:13	HAZENDAL		13:06	13:38	14:31		15:48	16:23	17:16	18:08
09:46	10:36	11:27	12:16	ATHLONE		13:09	13:41	14:34		15:51	16:26	17:19	18:11
09:48	10:38	11:29	12:18	CRAWFORD		13:11	13:43	14:36		15:53	16:28	17:21	18:13
09:50	10:40	11:31	12:20	LANSDOWNE		13:13	13:45	14:38		15:55	16:30	17:23	18:15
09:53	10:43	11:34	12:23	WETTON		13:16	13:48	14:41		15:58	16:33	17:26	18:18
09:55	10:45	11:36	12:25	OTTERY		13:18	13:50	14:43		16:00	16:35	17:28	18:20
09:59	10:49	11:40	12:29	SOUTHFIELD		13:22	13:54	14:47		16:04	16:39	17:32	18:24
10:03	10:53	11:44	12:33	HEATHFIELD		13:26	13:58	14:51		16:08	16:43	17:36	18:28
10:05	10:55	11:46	12:35	RETREAT		13:28	14:00	14:53		16:10	16:45	17:38	18:30

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0539
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19:00
19:04
19:08
19:10

CAPE TOWN - RETREAT VIA CAPE FLATS

SUNDAYS AND PUBLIC HOLIDAYS

CAPE TOWN PLATFORM NO.	13	13	13	13	12	13	13	13	13	13	13
TRAIN NO.	0501	0503	0505	0507	0509	0511	0513	0515	0517	0519	0521
CAPE TOWN	06:26	07:31	08:50	10:30	12:06	13:23	14:40	16:03	17:20	18:25	19:30
WOODSTOCK	06:29	07:34	08:53	10:33	12:09	13:26	14:43	16:06	17:23	18:28	19:33
SALT RIVER	06:32	07:37	08:56	10:36	12:12	13:29	14:46	16:09	17:26	18:31	19:36
KOEBERG RD	06:34	07:39	08:58	10:38	12:14	13:31	14:48	16:11	17:28	18:33	19:38
MAITLAND	06:36	07:41	09:00	10:40	12:16	13:33	14:50	16:13	17:30	18:35	19:40
NDABENI	06:39	07:44	09:03	10:43	12:19	13:36	14:53	16:16	17:33	18:38	19:43
PINELANDS	06:42	07:47	09:06	10:46	12:22	13:39	14:56	16:19	17:36	18:41	19:46
HAZENDAL	06:44	07:49	09:08	10:48	12:24	13:41	14:58	16:21	17:38	18:43	19:48
ATHLONE	06:47	07:52	09:11	10:51	12:27	13:44	15:01	16:24	17:41	18:46	19:51
CRAWFORD	06:49	07:54	09:13	10:53	12:29	13:46	15:03	16:26	17:43	18:48	19:53
LANSDOWNE	06:51	07:56	09:15	10:55	12:31	13:48	15:05	16:28	17:45	18:50	19:55
WETTON	06:54	07:59	09:18	10:58	12:34	13:51	15:08	16:31	17:48	18:53	19:58
OTTERY	06:56	08:01	09:20	11:00	12:36	13:53	15:10	16:33	17:50	18:55	20:00
SOUTHFIELD	07:00	08:05	09:24	11:04	12:40	13:57	15:14	16:37	17:54	18:59	20:04
HEATHFIELD	07:04	08:09	09:28	11:08	12:44	14:01	15:18	16:41	17:58	19:03	20:08
RETREAT	07:06	08:11	09:30	11:10	12:46	14:03	15:20	16:43	18:00	19:05	20:10

RETREAT - CAPE TOWN (VIA CAPE FLATS)**MONDAYS TO FRIDAYS**

TRAIN NO.	0500	0502	0504	0506	0508	0510	0512	0514	0516	0518
RETREAT	04:57	05:31								
HEATHFIELD	05:00	05:34	05:50	06:07	06:23	06:38	06:51	07:08	07:23	07:42
SOUTHFIELD	05:04	05:38	05:54	06:11	06:27	06:42	06:55	07:12	07:27	07:46
OTTERY	05:07	05:41	05:57	06:14	06:30	06:45	06:58	07:15	07:30	07:49
WETTON	05:10	05:44	06:00	06:17	06:33	06:48	07:01	07:18	07:33	07:52
LANSDOWNE	05:12	05:46	06:02	06:19	06:35	06:50	07:03	07:20	07:35	07:54
CRAWFORD	05:14	05:48	06:04	06:21	06:37	06:52	07:05	07:22	07:37	07:56
ATHLONE	05:17	05:51	06:07	06:24	06:40	06:55	07:08	07:25	07:40	07:59
HAZENDAL	05:19	05:53	06:09	06:26	06:42	06:57	07:10	07:27	07:42	08:01
PINELANDS	05:22	05:56	06:12	06:29	06:45	07:00	07:13	07:30	07:45	08:04
NDABENI	05:24	05:58	06:14	06:31	06:47	07:02	07:15	07:32	07:47	08:06
MAITLAND	05:28	06:02	06:18	06:35	06:51	07:06	07:19	07:36	07:51	08:10
KOEBERG RD	05:30	06:04	06:20	06:37	06:53	07:08	07:21	07:38	07:53	08:12
SALT RIVER	05:32	06:06	06:22	06:39	06:55	07:10	07:23	07:40	07:55	08:14
WOODSTOCK	05:36	06:10	06:26	06:43	06:59	07:14	07:27	07:44	07:59	08:18
CAPE TOWN	05:39	06:13	06:29	06:46	07:02	07:17	07:30	07:47	08:02	08:21

RETREAT - CAPE TOWN (VIA CAPE FLATS)

MONDAYS TO FRIDAYS

TRAIN NO.	0520	0522	0524	0526	0528	0530	0532	0534	0536	0538
RETREAT					09:21	09:54	10:38	11:30	12:20	13:20
HEATHFIELD	07:57	08:12	08:30	08:50	09:24	09:57	10:41	11:33	12:23	13:23
SOUTHFIELD	08:01	08:16	08:34	08:54	09:28	10:01	10:45	11:37	12:27	13:27
OTTERY	08:04	08:19	08:37	08:57	09:31	10:04	10:48	11:40	12:30	13:30
WETTON	08:07	08:22	08:40	09:00	09:34	10:07	10:51	11:43	12:33	13:33
LANSDOWNE	08:09	08:24	08:42	09:02	09:36	10:09	10:53	11:45	12:35	13:35
CRAWFORD	08:11	08:26	08:44	09:04	09:38	10:11	10:55	11:47	12:37	13:37
ATHLONE	08:14	08:29	08:47	09:07	09:41	10:14	10:58	11:50	12:40	13:40
HAZENDAL	08:16	08:31	08:49	09:09	09:43	10:16	11:00	11:52	12:42	13:42
PINELANDS	08:19	08:34	08:52	09:12	09:46	10:19	11:03	11:55	12:45	13:45
NDABENI	08:21	08:36	08:54	09:14	09:48	10:21	11:05	11:57	12:47	13:47
MAITLAND	08:25	08:40	08:58	09:18	09:52	10:25	11:09	12:01	12:51	13:51
KOEBERG RD	08:27	08:42	09:00	09:20	09:54	10:27	11:11	12:03	12:53	13:53
SALT RIVER	08:29	08:44	09:02	09:22	09:56	10:29	11:13	12:05	12:55	13:55
WOODSTOCK	08:33	08:48	09:06	09:26	10:00	10:33	11:17	12:09	12:59	13:59
CAPE TOWN	08:36	08:51	09:09	09:29	10:03	10:36	11:20	12:12	13:02	14:02

RETREAT - CAPE TOWN (VIA CAPE FLATS)**MONDAYS TO FRIDAYS**

TRAIN NO.	0540	0542	0544	0546	0548	0550	0552	0554	0556	0558
RETREAT	14:00	14:25	14:56	15:20						
HEATHFIELD	14:03	14:28	14:59	15:23	15:44	15:56	16:20	16:38	16:58	17:08
SOUTHFIELD	14:07	14:32	15:03	15:27	15:48	16:00	16:24	16:42	17:02	17:12
OTTERY	14:10	14:35	15:06	15:30	15:51	16:03	16:27	16:45	17:05	17:15
WETTON	14:13	14:38	15:09	15:33	15:54	16:06	16:30	16:48	17:08	17:18
LANSLOWNE	14:15	14:40	15:11	15:35	15:56	16:08	16:32	16:50	17:10	17:20
CRAWFORD	14:17	14:42	15:13	15:37	15:58	16:10	16:34	16:52	17:12	17:22
ATHLONE	14:20	14:45	15:16	15:40	16:01	16:13	16:37	16:55	17:15	17:25
HAZENDAL	14:22	14:47	15:18	15:42	16:03	16:15	16:39	16:57	17:17	17:27
PINELANDS	14:25	14:50	15:21	15:45	16:06	16:18	16:42	17:00	17:20	17:30
NDABENI	14:27	14:52	15:23	15:47	16:08	16:20	16:44	17:02	17:22	17:32
MAITLAND	14:31	14:56	15:27	15:51	16:12	16:24	16:48	17:06	17:26	17:36
KOEBERG RD	14:33	14:58	15:29	15:53	16:14	16:26	16:50	17:08	17:28	17:38
SALT RIVER	14:35	15:00	15:31	15:55	16:16	16:28	16:52	17:10	17:30	17:40
WOODSTOCK	14:39	15:04	15:35	15:59	16:20	16:32	16:56	17:14	17:34	17:44
CAPE TOWN	14:42	15:07	15:38	16:02	16:23	16:35	16:59	17:17	17:37	17:47

RETREAT - CAPE TOWN (VIA CAPE FLATS)

MONDAYS TO FRIDAYS

TRAIN NO.	0560	0562	0564	0566	0568	0570	0572	0574	0576	
RETREAT			17:48						19:48	
HEATHFIELD	17:21	17:37	17:51	18:00	18:13	18:28	18:41	19:06	19:51	
SOUTHFIELD	17:25	17:41	17:55	18:04	18:17	18:32	18:45	19:10	19:55	
OTTERY	17:28	17:44	17:58	18:07	18:20	18:35	18:48	19:13	19:58	
WETTON	17:31	17:47	18:01	18:10	18:23	18:38	18:51	19:16	20:01	
LANSDOWNE	17:33	17:49	18:03	18:12	18:25	18:40	18:53	19:18	20:03	
CRAWFORD	17:35	17:51	18:05	18:14	18:27	18:42	18:55	19:20	20:05	
ATHLONE	17:38	17:54	18:08	18:17	18:30	18:45	18:58	19:23	20:08	
HAZENDAL	17:40	17:56	18:10	18:19	18:32	18:47	19:00	19:25	20:10	
PINELANDS	17:43	17:59	18:13	18:22	18:35	18:50	19:03	19:28	20:13	
NDABENI	17:45	18:01	18:15	18:24	18:37	18:52	19:05	19:30	20:15	
MAITLAND	17:49	18:05	18:19	18:28	18:41	18:56	19:09	19:34	20:19	
KOEBERG RD	17:51	18:07	18:21	18:30	18:43	18:58	19:11	19:36	20:21	
SALT RIVER	17:53	18:09	18:23	18:32	18:45	19:00	19:13	19:38	20:23	
WOODSTOCK	17:57	18:13	18:27	18:36	18:49	19:04	19:17	19:42	20:27	
CAPE TOWN	18:00	18:16	18:30	18:39	18:52	19:07	19:20	19:45	20:30	

RETREAT - CAPE TOWN (VIA CAPE FLATS)

SATURDAYS

TRAIN NO.	0500	0502	0504	0506	0508	0510	0512	0514	0516	0518
RETREAT	05:02	06:07	06:25	06:59	07:35	08:10	08:45	09:35	10:25	11:15
HEATHFIELD	05:05	06:10	06:28	07:02	07:38	08:13	08:48	09:38	10:28	11:18
SOUTHFIELD	05:09	06:14	06:32	07:06	07:42	08:17	08:52	09:42	10:32	11:22
OTTERY	05:12	06:17	06:35	07:09	07:45	08:20	08:55	09:45	10:35	11:25
WETTON	05:15	06:20	06:38	07:12	07:48	08:23	08:58	09:48	10:38	11:28
LANSLOWNE	05:17	06:22	06:40	07:14	07:50	08:25	09:00	09:50	10:40	11:30
CRAWFORD	05:19	06:24	06:42	07:16	07:52	08:27	09:02	09:52	10:42	11:32
ATHLONE	05:22	06:27	06:45	07:19	07:55	08:30	09:05	09:55	10:45	11:35
HAZENDAL	05:24	06:29	06:47	07:21	07:57	08:32	09:07	09:57	10:47	11:37
PINELANDS	05:27	06:32	06:50	07:24	08:00	08:35	09:10	10:00	10:50	11:40
NDABENI	05:29	06:34	06:52	07:26	08:02	08:37	09:12	10:02	10:52	11:42
MAITLAND	05:33	06:38	06:56	07:30	08:06	08:41	09:16	10:06	10:56	11:46
KOEBERG RD	05:35	06:40	06:58	07:32	08:08	08:43	09:18	10:08	10:58	11:48
SALT RIVER	05:37	06:42	07:00	07:34	08:10	08:45	09:20	10:10	11:00	11:50
WOODSTOCK	05:41	06:46	07:04	07:38	08:14	08:49	09:24	10:14	11:06	11:54
CAPE TOWN	05:44	06:49	07:07	07:41	08:17	08:52	09:27	10:17	11:09	11:57

RETREAT - CAPE TOWN (VIA CAPE FLATS)

SATURDAYS

TRAIN NO.	0520	0522		0526	0528	0530		0534	0536	0538
RETREAT	12:08	12:54		13:45	14:37	15:13		16:20	17:00	17:55
HEATHFIELD	12:11	12:57		13:48	14:40	15:16		16:23	17:03	17:58
SOUTHFIELD	12:15	13:01		13:52	14:44	15:20		16:27	17:07	18:02
OTTERY	12:18	13:04		13:55	14:47	15:23		16:30	17:10	18:05
WETTON	12:21	13:07		13:58	14:50	15:26		16:33	17:13	18:08
LANSDOWNE	12:23	13:09		14:00	14:52	15:28		16:35	17:15	18:10
CRAWFORD	12:25	13:11		14:02	14:54	15:30		16:37	17:17	18:12
ATHLONE	12:28	13:14		14:05	14:57	15:33		16:40	17:20	18:15
HAZENDAL	12:30	13:16		14:07	14:59	15:35		16:42	17:22	18:17
PINELANDS	12:33	13:19		14:10	15:02	15:38		16:45	17:25	18:20
NDABENI	12:35	13:21		14:12	15:04	15:40		16:47	17:27	18:22
MAITLAND	12:39	13:25		14:16	15:08	15:44		16:51	17:31	18:26
KOEBERG RD	12:41	13:27		14:18	15:10	15:46		16:53	17:33	18:28
SALT RIVER	12:43	13:29		14:20	15:12	15:48		16:55	17:35	18:30
WOODSTOCK	12:47	13:33		14:24	15:16	15:52		16:59	17:39	18:34
CAPE TOWN	12:50	13:36		14:27	15:19	15:55		17:02	17:42	18:37

RETREAT - CAPE TOWN (VIA CAPE FLATS)**SUNDAYS AND PUBLIC HOLIDAYS**

TRAIN NO.	0502	0504	0506	0508	0510	0512	0514	0516	0518	0520
RETREAT	05:00	06:00	07:18	08:19	09:40	11:18	13:05	14:17	15:30	17:00
HEATHFIELD	05:03	06:03	07:21	08:22	09:43	11:21	13:08	14:20	15:33	17:03
SOUTHFIELD	05:07	06:07	07:25	08:26	09:47	11:25	13:12	14:24	15:37	17:07
OTTERY	05:10	06:10	07:28	08:29	09:50	11:28	13:15	14:27	15:40	17:10
WETTON	05:13	06:13	07:31	08:32	09:53	11:31	13:18	14:30	15:43	17:13
LANSDOWNE	05:15	06:15	07:33	08:34	09:55	11:33	13:20	14:32	15:45	17:15
CRAWFORD	05:17	06:17	07:35	08:36	09:57	11:35	13:22	14:34	15:47	17:17
ATHLONE	05:20	06:20	07:38	08:39	10:00	11:38	13:25	14:37	15:50	17:20
HAZENDAL	05:22	06:22	07:40	08:41	10:02	11:40	13:27	14:39	15:52	17:22
PINELANDS	05:25	06:25	07:43	08:44	10:05	11:43	13:30	14:42	15:55	17:25
NDABENI	05:27	06:27	07:45	08:46	10:07	11:45	13:32	14:44	15:57	17:27
MAITLAND	05:31	06:31	07:49	08:50	10:11	11:49	13:36	14:48	16:01	17:31
KOEBERG RD	05:33	06:33	07:51	08:52	10:13	11:51	13:38	14:50	16:03	17:33
SALT RIVER	05:35	06:35	07:53	08:54	10:15	11:53	13:40	14:52	16:05	17:35
WOODSTOCK	05:39	06:39	07:57	08:58	10:19	11:57	13:44	14:56	16:09	17:39
CAPE TOWN	05:42	06:42	08:00	09:01	10:22	12:00	13:47	14:59	16:12	17:42

0522
18:20
18:23
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18:59
19:02